

Sport



Love Laughter Learning

Sport at Sheldon College

Sheldon College offers a wide range of sporting activities, utilising world-class facilities and exceptional coaches to provide students with every opportunity to achieve their extraordinary.

Our sporting program, catering to all students, is led by full-time sports administrators and highly qualified coaches, united by a shared commitment to our students and continuous improvement of our programs. Our aim is to foster a life-long love of sport in every participant, from beginners and social athletes, right through to aspiring Olympians and professional sportspeople.

Junior Development Programs

In addition to curriculum Health and Physical Education classes, the foundation of our program is laid by our Junior Development Programs, offered each term to students from Preparatory to Year 2. Here, students build the skills necessary for successful future involvement in a range of sports.

Interschool Sport

Weekly Interschool Sport begins in Year 3, with students able to experience Saturday morning games in a range of sports. Here our students learn sport-specific skills and how to function as part of a team, before progressing in Year 7 into the Greater Brisbane Conference (GBC) secondary divisions, to compete for premierships regularly claimed by Sheldon College teams. Beyond GBC fixtures, our higher-level teams frequently contest major interschool tournaments, including State and National Championships.

Team Club Sports

Sheldon College operates a large, competitive Basketball Club, involved in the Southern Districts Spartans club competition, and a Touch Football Club within the Redlands Junior Touch Football Association. These Team Club Sports afford students the opportunity to play year-round and to achieve club-based representative honours.



Individual Performance Sports

The Sheldon Academy of Sport (SAS) brings together our year-round professionally coached sports of Athletics, Swimming and Tennis. The track record of our coaches is exceptional, with our top athletes regularly competing for national and international titles. Our SAS programs also incorporate clubs affiliated with Queensland Athletics, Swimming Queensland and Tennis Queensland, removing the need for students to join external clubs. These SAS training programs underpin the College's enviable record of performance in interschool Tennis, Swimming, Cross Country and Track & Field competitions.

Strength & Conditioning

All secondary students at Sheldon College have access to high quality Strength and Conditioning programs, run in our spacious gymnasium by highly qualified, experienced staff. Age-appropriate introductory programs are also available to upper primary students

A sports program in which participation, dedication and opportunity empower every participant to achieve their extraordinary.

Representative Sport

Sheldon College is a member school of the Bayside District and Metropolitan East Region, providing opportunities for talented students to access the Queensland School Sport representative pathway. Sheldon College students claim well in excess of 150 selections each year into such representative teams, with a significant proportion progressing to State Championships. Each year, numerous Sheldon College students gain the honour of representing Queensland at School Sport Australia National Championships.

Athlete Support Program

The Sheldon Academy of Sport Plus (SAS+) Athlete Support Program provides personalised support to high-performing secondary school athletes, assisting them with balancing their pursuit of sporting and academic goals. SAS+ provisions include a range of support services, consideration for academic timetable flexibility, lunchtime seminars and special events.

World-Class Sporting Facilities

The commitment made to sport at Sheldon College is clearly demonstrated by our World-Class Facilities, which must be seen to be believed. Such facilities include a floodlit international standard 400 metre synthetic athletics track; a multi-million dollar indoor sports stadium; six, high quality, LED floodlit tennis courts; a modern, air-conditioned gymnasium; an eight lane heated swimming pool with grandstand; enclosed commercial learn to swim centre; outdoor multipurpose courts; multiple undercover playing areas; a cross country running course; and immaculately maintained natural turf playing fields.

Sporting Scholarships

Sheldon College also operates a limited scholarship program, the details of which can be found on the College website.



Spacious, air-conditioned Fitness Centre (Gym)



Cross Country Course (2km): in tranquil bushland setting



Indoor Sports Centre: designed for multi-sport use



Discover Sheldon College
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World-class sporting facilities across an expansive College campus.



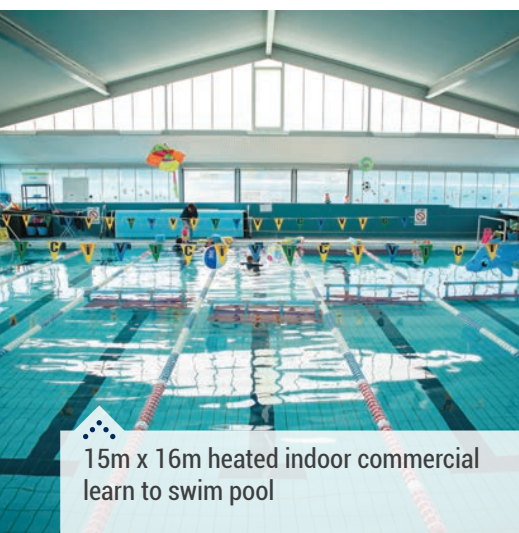
25 metre, 8 lane heated swimming pool with grandstand



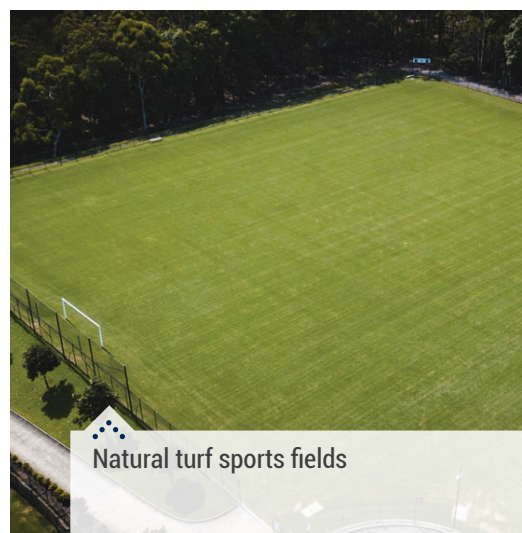
6 world-class LED floodlit hard tennis courts



- 1 Cross Country Course
- 2 Football (Soccer) Field
- 3 Tennis Courts
- 4 Aquatic Centre
- 5 Learn to Swim Centre
- 6 Athletics Track and Main Oval
- 7 Indoor Sports Centre and Fitness Centre (Gym)
- 8 Multipurpose hard courts
- 9 The Pavilion: indoor courts



15m x 16m heated indoor commercial learn to swim pool



Natural turf sports fields



IAAF certified 8 lane synthetic athletics track



Learn More

For further information on Sport at Sheldon College, please visit the College website, email sport@sheldoncollege.com or phone (07) 3206 5533.



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