

Welcome back to Rugby in 2020. We understand these are difficult times and information can change rapidly. The club, working with QRU and BJRU have developed the following COVID plan and further down you will see training times and field maps. Now that teams will be split into colours the club will be setting up team pages on Facebook for communication. Your managers will be setting this up. Please contact us if you have any concerns admin@redlandsrugby.com.au or call Marg Haynes on 0411 557 055.



Guidelines for COVIDSafe Training:

- **Please stay home if:**
 - If you are feeling unwell with symptoms such as fever, sore throat, cough or shortness of breath.
 - If you have travelled overseas or been subjected to large crowds within the last 14 days.
 - If you have travelled outside of Queensland in the last 14 days.
- All players, coaches and managers must enter and exit through the designated areas (entry left of bollard, exit right). Hand sanitisers are placed around training fields for regular use by players, coaches and managers.
- Only players, coaches and managers are permitted in the training exclusion zones.
- Everyone must leave the fields promptly after training, please no lingering.
- Please do not come too early for training – and stay in your car until the allotted time.
- Parents are encouraged where possible to STOP, DROP and GO and collect children through the allocated drive through on the map below (orange).
- If a parent is staying we are encouraging 1 only per child and remember social distancing rules still apply.
- Training will be no contact until communicated differently.
- The canteen will be open for takeaway only and will be cashless, with a limited menu (hot chips, drinks and snacks).
- We wanted to reassure you that coaches and managers will be disinfecting equipment before, after, and during training.

This is new for everyone and we appreciate everyone patience, kindness and COMMON SENSE.

Training Schedule:

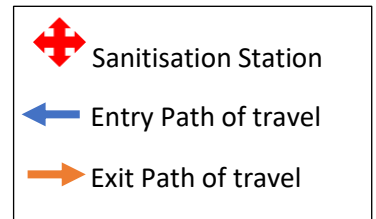
Day	Time	Field 1A	Field 1B	Field 2A	Field 2B	Field 3A	Field 3B
Tuesday	5.30 – 6.20	U12 Red	U12 Green			U10 Red	U10 Green
	6.30 – 7.30	Men		U13 Red	U13 Green	U11 Red	U11 Green
	7.00 – 8.00		Golden Oldies				
Wednesday	5.30 – 7.00			U14			
	6.00 – 7.30					U15	U16
	6.00 – 7.00	Girls					
	6.30 – 8.00	Women					
Thursday	5.30 – 6.20	U12 Red	U12 Green			U10 Red	U10 Green
	6.30 – 7.30			U13 Red	U13 Green	U11 Red	U11 Green
	6.30 – 8.00	Men					

Friday Training									
Time	Field 1A	Field 1B	Field 1C	Field 2A	Field 2B	Field 2C	Field 3A	Field 3B	Field 3C
5.30 – 6.20	Mini U3	Mini U4 & U5	MRP	U6 Red	U6 Green	U6 White	U7 Red	U7 Green	U7 White
6.30 – 7.30	U8 Red	U8 Green	U8 White	U8 Muddies	U9 Red	U9 Green			
6.30 – 8.00							U14 Red	U15 Red	U16 Red

Monday – Thursday Training



Friday Training



STOP, DROP AND GO

